

# the art of beauty

With two luxuriously appointed offices in Newport Beach and Beverly Hills, patients throughout the United States, as well as those based internationally, seek out Dr. Sanjay Grover for his facial rejuvenation and body contouring skills, including facelift, eyelid lift, rhinoplasty, Botox, injectable fillers, breast augmentation, tummy tuck, liposuction and even vaginal rejuvenation procedures. "Patients are extremely happy to find one surgeon who is broadly trained and comfortable addressing all of their aesthetic rejuvenation needs," explains Dr. Grover.



#### BOARD CERTIFICATION

American Board of Plastic Surgery

#### MEDICAL DEGREE

University of California, San Diego  
School of Medicine

#### PLASTIC SURGERY RESIDENCY

Stanford University Medical Center

#### AESTHETIC AND OCULOPLASTIC SURGERY FELLOWSHIP

PACES Plastic Surgery, Atlanta, GA

#### AFFILIATIONS

American Society of Plastic Surgeons (ASPS)  
American Society for Aesthetic Plastic Surgery (ASAPS)  
American College of Surgeons  
President, Orange County Society of Plastic Surgeons

#### PROCEDURES PERFORMED

Aesthetic Facial Surgery  
Eyelid Rejuvenation  
Rhinoplasty  
Breast Augmentation  
Abdominoplasty  
Power-Assisted Liposuction

Dr. Grover blends an array of options—from minimally invasive endoscopic browlifts, skin-pinch eyelid lifts and short-scar facelifts, along with Botox and injectable fillers, such as Juvéderm—to deliver natural-looking results and minimize downtime, with no hint of aesthetic intervention. Dr. Grover utilizes an open rhinoplasty technique for many of his patients seeking nasal beautification to provide them with "a natural, aesthetically pleasing contour and shape." Breast augmentation, tummy tucks and labiaplasty are some of the procedures most often requested of Dr. Grover for body contouring. Dr. Grover explains, "These Mommy Makeover procedures give women back the figures they once enjoyed prior to having children." Dr. Grover utilizes a dual-plane, partial submuscular technique for his breast augmentation procedures to provide "a most natural breast silhouette and shape." Dr. Grover states, "Two-thirds of my patients choose silicone gel implants over saline implants now that they have the option following their FDA approval a few years ago." According to Dr. Grover, many of his patients who select saline implants also utilize the transaxillary, endoscopic (camera assisted) technique in order to avoid any scars on the breast.

#### LOCATIONS

Newport Beach, California  
949.759.9551

Beverly Hills, California  
310.276.4526

#### WEB SITE

[www.doctorgrover.com](http://www.doctorgrover.com)

## DR. SANJAY GROVER

**WHY DID YOU BECOME A PLASTIC SURGEON** I enjoy the patients and the variety of procedures plastic surgery offers **FAVORITE PART OF YOUR JOB** Helping patients achieve their dreams **ALTERNATIVE OCCUPATION** Rock star **I START EACH DAY** Feeling blessed **FRAMED PHOTOS ON YOUR DESK** My beautiful wife and three children **BEAUTY PRODUCT EVERYONE SHOULD HAVE** A smile **I'M NEVER WITHOUT** My iPhone **HOBBIES** Tennis, golf (recently), working out and skiing



#### INSIDE INFORMATION

### FULL-SERVICE MEDSPA MENU

The MedSpa at The Center for Aesthetic Plastic Surgery utilizes the latest, most innovative advancements that offer dramatic results with **MINIMAL OR NO DOWNTIME**. The MedSpa offers a host of Syneron™ technologies, including the Matrix IR™, which combines fractional optical energy with bi-polar radiofrequency, treating wrinkles through deep dermal heating, ReFirme™ ST, deemed by Dr. Grover as "a quick, virtually painless skin-tightening procedure," and VelaShape™, which is newly released and FDA cleared for circumferential and cellulite reduction. Other popular services include Dr. Grover's nonsurgical **LIQUID FACELIFT**, which utilizes injectable fillers such as Juvéderm™, Restylane® and Radiesse® to fill wrinkles and enhance the contours of the face. "Botox® is often used in combination to soften and prevent deep expressive wrinkles and to reshape the face," says Dr. Grover, who also frequently uses fillers to create harmony among facial features and enhance the appearance of the nose **WITHOUT SURGERY**.